

## **Personal Strengths**

Please complete this after doing the Buzz Quiz.

To complete these activities you will need to login with Barclays Life Skills.



Complete the wheel of strengths

Which careers were suggested this time?

 $\underline{https://barclayslifeskills.com/i-want-to-choose-my-next-step/college/wheel-of-\underline{strengths}}$ 

Think about some of the strengths you have highlighted in both quizzes. List them here	
My strengths – What am I good at?	

Knowing this about yourself will help you with job applications and interviews.



Pick a job that you have looked at in Buzz Quiz or The Wheel of Strengths. Maybe think about a dream job.

Job Title:

Strengths needed for this job.......
What do you need to be good at?



Can you think of any work experience or volunteer job that would help you develop some of these skills?



